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Mental Health Resources & Hotlines

Wyoming



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Mental Health Resources & Hotlines: Wyoming

University of Wyoming: Agricultural Producers and Stress Series: This podcast series covers a variety of issues regarding farm stress and mental health, with episodes focusing on identifying signs of stress, leaning when to consult a counselor, and much more. Find episodes [here](#).

Wisconsin Crisis Lines and Mental Health Service Providers by County: The Wyoming Department of Health has created a list of mental health service providers and crisis hotlines for each county in the state. Find the list of mental health service providers [here](#). Find the interactive map of suicide prevention resources, including crisis lines [here](#).

Laramie Suicide Prevention Hotline: This free and confidential hotline is available to those struggling with suicidal thoughts, staffed 24/7. Contact this hotline at 307-977-7777.