



## The National Agricultural Law Center

*The nation's leading source for agricultural & food law research & information*

NationalAgLawCenter.org | nataglaw@uark.edu

---

---

## Mental Health Resources & Hotlines

*Wyoming*



This material is based upon work supported by the National Agricultural Library,  
Agricultural Research Service, U.S. Department of Agriculture

A National Agricultural Law Center Research Publication

## Mental Health Resources & Hotlines: Wyoming

***University of Wyoming: Agricultural Producers and Stress Series:*** This podcast series covers a variety of issues regarding farm stress and mental health, with episodes focusing on identifying signs of stress, leaning when to consult a counselor, and much more. Find episodes [here](#).

***Wisconsin Crisis Lines and Mental Health Service Providers by County:*** The Wyoming Department of Health has created a list of mental health service providers and crisis hotlines for each county in the state. Find the list of mental health service providers [here](#). Find the interactive map of suicide prevention resources, including crisis lines [here](#).

***Laramie Suicide Prevention Hotline:*** This free and confidential hotline is available to those struggling with suicidal thoughts, staffed 24/7. Contact this hotline at 307-977-7777.

***AgriStress Helpline for Wyoming through Wyoming 211:*** Wyoming 211 has partnered with the Wyoming Department of Agriculture and the Farm and Ranch Stress Assistance Network to provide information and referral to resources and services that may assist farmers and ranchers in need of support or assistance. The AgriStress Helpline for Wyoming provides care, 24 hours a day, seven days a week, to a vital population that often holds their burdens and worries in silence. Contact this hotline at (833) 897-2474.