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## Mental Health Resources & Hotlines West Virginia



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## Mental Health Resources & Hotlines: West Virginia

**West Virginia Suicide Prevention and Substance Abuse Line:** This free and confidential service provides callers with support and, if desired, directly connects callers with medical personnel. Contact this hotline at 884-435-7498.

**Help 4WV:** This organization offers a 24/7 hotline, text line and online chat which all provide immediate help for those struggling. Contact this service at the numbers below.

Hotline: (844) HELP4WV

Text line: (844) 435-7498

Online Chat: <a href="https://www.help4wv.com/">https://www.help4wv.com/</a>