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Mental Health Resources & Hotlines Wisconsin



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Mental Health Resources & Hotlines: Wisconsin

University of Wisconsin-Madison Division of Extension: UW Madison Extension has multiple articles, publications and other resources for farmers and farm families dealing with excessive farm stress. Find their resource library consisting of their resources, outside content and contact lines here.

Rural Realities: This podcast by the Wisconsin Department of Agriculture, Trade and Consumer Protection provides information and resources related to farm stress and reducing the stigma surrounding mental health issues. Find the episodes here.

Wisconsin Crisis Hotlines by County: Prevent Suicide Wisconsin has created a list of crisis hotlines for each county in the state, available here.

Farmer Angel Network: the Farmer Angel Network builds strong rural communities that support agriculture by providing education, resources, and fellowship with a focus on mental wellness and suicide prevention in and around Sauk County, Wisconsin. This group includes farmers, agriculture professionals, local public health, land conservation, Extension educators, and others. Available here.