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Mental Health Resources & Hotlines

Vermont



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Mental Health Resources & Hotlines: Vermont

Farm First: This free and confidential program offers Vermont farmers confidential help with any personal or work-related issue. Farm First provides farmers and their families with resources and support. Find their website [here](#), or contact their 24/7 hotline at 877-493-6216.

Vermont Crisis Hotlines by Location: Vermont Cares Partners have created an interactive map which provides crisis hotlines for each region of the state. Find the map [here](#).

Pathways Vermont Support Line: This hotline offers 24/7, free and confidential support and works to prevent situations from escalating to an emergency. Contact this support line at (833) 888-2557.