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Mental Health Resources & Hotlines:

Virgin Islands



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Mental Health Resources & Hotlines: Virgin Islands

Behavioral Health, Alcoholism, and Drug Dependency Services

The Behavioral Health, Alcoholism, and Drug Dependency Services is a free option that provides information on how to reduce and cope with stress, to reduce health risks, and increase access to healthcare and enforce health standards.

Call: 800-985-5990

TTY for Deaf/Hearing Impaired: 800-846-8517

Text: TalkWithUs to 66746

To view resources from their website, [click here](#).

St. Croix Alcoholics Anonymous

This group helps anyone who is trying to recover from alcohol addiction and dependency. For information on groups in the Virgin Islands, call (340) 776-5283.

St. Croix Department of Health/Division of Mental Health

This option is based in the St. Croix area and provides mental health service for adults and children, and for those who suffer from substance abuse. For assistance, call (340) 773-2323.

St. John Community Crisis Center

This resource provides help for victims of sexual assault, domestic violence, and victims of other crimes. To receive help, please call (340) 693-7233.

St. Thomas Alcoholics Anonymous

This group helps anyone who is trying to recover from alcohol addiction and dependency. For information on groups in the Virgin Islands, call (340) 776-5283.

St. Thomas Department of Mental Health

This resource provides help for those who are suffering from mental health issues and substance abuse. Call (340) 774-4888 for more information.

St. Thomas Family Resource Center

This program provides help for those who are suffering from domestic abuse, victims of crimes, and those who suffer from general violence. For assistance in the St. Thomas area, call (340)776-4303.

National Suicide Prevention Lifeline

The National Suicide Prevention Lifeline is available 24/7 in English and Spanish. The mission is to prevent suicide by providing free, confidential support for suicide prevention and provides crisis resources to anyone in U.S. territories.

To call 24/7, use this number: 1-800-273-TALK (8255)

For more information about their services, to chat online, view stories of recovery, or view all crisis centers, visit [this link](#).

The VI Association for Independent Living

This resource provides peer counseling and other assistance to those who have disabilities. For more information, call (340) 778-7992.