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## Mental Health Resources & Hotlines

*Utah*



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## Mental Health Resources & Hotlines: Utah

***University of Utah Neuropsychiatric Institute CrisisLine:*** This hotline is available 24/7 and provides callers with emotional support, assistance, crisis intervention and suicide prevention from mental health professionals. Contact the UNI CrisisLine at 1-801-587-3000.

***Suicide Prevention Resources by County:*** Intermountain Healthcare has compiled a list of contacts both for those in a crisis and those seeking long term support in the state of Utah. Find the list of crisis lines and support contacts [here](#). Additionally, the Utah Department of Human Services has created an interactive map offering similar resources. Find the map [here](#).