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## Mental Health Resources & Hotlines South Dakota



This material is based upon work supported by the National Agricultural Library, Agricultural Research Service, U.S. Department of Agriculture

## A National Agricultural Law Center Research Publication Mental Health Resources & Hotlines: South Dakota

**South Dakota State University Extension:** SDSU Extension has created a resource page offering various videos, publications, and other content to help farmers and their families better understand how to handle farm stress. Find their resource page <u>here.</u>

**South Dakota Counseling Association Farm Stress Resources:** The SDCA provides a resource page with videos and links for farmers and their families struggling with farm stress, available <u>here.</u>

*Helpline Center Guided Search:* This interactive map of South Dakota provides users with various information for each county, including crisis hotlines and other mental health resources. Find resources available in your county <u>here.</u>