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Mental Health Resources & Hotlines

Oregon



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Mental Health Resources & Hotlines: Oregon

Oregon Crisis Services by County: Oregon Health Authority has created a resource page providing phone numbers for crisis services and hotlines for each county in the state. Find a crisis service in your county [here](#).

Crisis Hotlines: Clackamas, Multnomah and Washington counties all have hotlines available 24/7, providing free support and information on community resources.

Clackamas County: 503-655-8585

Multnomah County: 503-988-4888

Washington County: 503-291-9111