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## Mental Health Resources & Hotlines

### *Oklahoma*



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## Mental Health Resources & Hotlines: Oklahoma

***OSU Cooperative Extension Service Guide to Local, State and National Mental Health Resources for Producers:*** This guide provides agricultural producers with a comprehensive list of resources, hotlines and mental health centers available in Oklahoma. Find the guide [here](#).

***Oklahoma Mental Health Centers by City:*** The Oklahoma Department of Mental Health and Substance Services has compiled an interactive list of mental health centers in the state of Oklahoma. Find a center in your town [here](#).

***Mental Health Association of Oklahoma:*** This organization has a free, statewide Mental Health Assistance Center, which can provide individuals with information and resources related to mental health, suicide prevention and more. Call the center Monday-Friday 8:30 a.m. to 5 p.m. at 918-585-1213 or 405-943-3700 or send them an email at [info@mhaok.org](mailto:info@mhaok.org).

***Family and Children's Services:*** Available to adults and children, this program offers a crisis hotline and mobile crisis service. Available 24/7 at 918-744-4800.