



## The National Agricultural Law Center

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## Mental Health Resources & Hotlines

*Ohio*



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## Mental Health Resources & Hotlines: Ohio

***OSU College of Food, Agricultural, and Environmental Sciences:*** The OSU College of Food, Agricultural and Environmental Sciences has a resource page available for farmers feeling the pressures of farm life. Find free resources on personal stress management, financial stress and more [here](#).

***Ohio's Got Your Back:*** This campaign was created in an effort to address the increasing rate of farmer stress, depression and suicide. Their resource page offers several resources for those experiencing excessive farm stress. Find stress management resources, crisis hotlines and more [here](#).

***Ohio Crisis Hotlines by County:*** The Ohio Suicide Prevention Foundation has compiled a county-by-county list of crisis hotlines for the state of Ohio. Find the crisis line for your county [here](#).