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Mental Health Resources & Hotlines

New Jersey



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Mental Health Resources & Hotlines: New Jersey

New Jersey Hopeline: This hotline is open 24/7 with specialists available for a free, confidential phone conversation. This hotline can be reached at 1-855-654-6735.

New Jersey Mental Health Cares: This service is New Jersey's behavioral health information and referral service. Staffed by behavioral care specialists, Mental Health Cares provides a hotline for emotional support, as well as local emergency screening centers, both available 24/7. Contact this hotline at 866-202-4357. Find local emergency screening centers by locations and their respective 24/7 crisis hotlines [here](#).

New Jersey Crisis Hotlines by County: A county-by-county compilation of crisis hotlines for New Jersey can be found [here](#).