



The National Agricultural Law Center

The nation's leading source for agricultural & food law research & information

NationalAgLawCenter.org | nataglaw@uark.edu

Mental Health Resources & Hotlines

New Hampshire



This material is based upon work supported by the National Agricultural Library,
Agricultural Research Service, U.S. Department of Agriculture

A National Agricultural Law Center Research Publication

Mental Health Resources & Hotlines: New Hampshire

University of New Hampshire Extension Resources: The UNH Cooperative Extension Service has created the resource page “Taking Care of your Mental Health – Tips for Farmers.” Find their list of tips and self-care methods [here](#).

Mobile Crisis Services: This service provides trained specialists 24/7 for phone and field response throughout central New Hampshire. Contact them at 1-844-743-5748.

The Warm Line: This hotline is a free and confidential support service that offers trained operators to answer calls of those dealing with a wide range of issues. Contact this hotline at 1-866-447-1765.

Mental Health Center of Greater Manchester Mobile Crisis Response: This service deploys mental health clinicians and peer support and recovery coaches directly to the individual in need. This services serves Auburn, Bedford, Candia, Goffstown, Hooksett, Londonderry, Manchester, and New Boston and be contacted at 1-800-688-3544.