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Mental Health Resources & Hotlines

Missouri



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Mental Health Resources & Hotlines: Missouri

University of Missouri Extension Show-Me Strong Farm Families: Find resources from MU Extension addressing the mental health crisis in rural areas including resources on coping with trauma, suicide prevention and substance abuse prevention [here](#).

Access Crisis Intervention: This free service provides assistance, referrals, next day appointments or a mobile response. Available 24/7, ACI has a designated hotline for each county in Missouri. Find the hotline for your county [here](#).

Missouri Division of Behavioral Health Community Mental Health Center Locator: Find a Community Mental Health Center in your area of Missouri using the Missouri Department of Mental Health's map [here](#).

Behavioral Health Response: This free hotline, available 24/7 can be reached at different numbers depending on your location. Find the number for your area [here](#).