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Mental Health Resources & Hotlines

Michigan



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Mental Health Resources & Hotlines: Michigan

Michigan Farm Bureau: Refer to the link below to access mental health and wellness resources provided by Michigan Farm Bureau. For more information, visit their website [here](#).

Wayne County Crisis & Referral Line: This resource provides free, confidential crisis counseling, suicide prevention, and information and referral services by licensed clinicians 24/7. Text “TWLOHA” to 741741 where a trained crisis counselor receives the text and responds quickly. Contact this website at (800) 241-4949 or visit their website [here](#).

24 hours Crisis Hotlines for Michigan: A list of 24 hours crisis hotlines for each county in Michigan can be found [here](#).

Michigan State University Extension – Managing Farm Stress: Michigan State University Extension has compiled a page of resources for farmers and ranchers struggling with stress. Find their resource page [here](#).