



The National Agricultural Law Center

The nation's leading source for agricultural & food law research & information

NationalAgLawCenter.org | nataglaw@uark.edu

Mental Health Resources & Hotlines

Maryland



This material is based upon work supported by the National Agricultural Library,
Agricultural Research Service, U.S. Department of Agriculture

A National Agricultural Law Center Research Publication

Mental Health Resources & Hotlines: Maryland

Baltimore Crisis Response Inc.: This service is available 24/7. Trained counselors provide mental health and substance use information and referrals, supportive counseling, suicide crisis intervention and adolescent crisis intervention. Contact this service on their main line at (410) 433-5175 or visit their website [here](#).

Maryland Department of Health – Suicide Prevention Program: The Maryland Suicide Prevention Program is not a crisis or emergency care center. If you or someone you know is in crisis, contact Maryland’s crisis hotline by calling 2-1-1 and pressing option 1 or texting 898-211. In the case of a life-threatening emergency, call 911. Visit the website [here](#).

Community Crisis Services, Inc.: This hotline is available 24-hours a day. Hotline specialists provide a non-judgmental listening ear and support for any problem you may be facing. They can even help make connections with mobile mental health services and urgent care appointments. Contact this service at (800) 273-TALK or visit their website [here](#).

University of Maryland Extension – Farm Stress Management: Refer to the link below for mental health and wellness resources. Visit their website [here](#).

EveryMind: EveryMind’s trained staff and volunteers provide supportive listening, information and resource referrals, and crisis intervention (including suicide assessments) through telephone, text, and chat services. Services are free, confidential and available 24/7. Texting services are available 7 days a week from 12:00 p.m. – 12:00 a.m. at (301) 738-2255. Contact this service at (301) 738-2255 or visit their website [here](#).