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Mental Health Resources & Hotlines

Massachusetts



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Mental Health Resources & Hotlines: Massachusetts

Samaritans: This service is available 24/7. You may utilize calling or texting services with the number provided below. This resource is free, confidential and anonymous. Contact this service at (877) 870-HOPE or visit their website [here](#).

For a list of state crisis lines, see below:

Boston Crisis Line – The Samaritans of Boston:

- Call (617) 247-0220, (617) 247-8050 or (800) 252-8336.

Fall River Crisis Service:

- Type of contact: Crisis Hotline.
- Call (508) 673-3777 or (508) 999-7267

Falmouth - The Samaritans on Cape Cod and the Islands:

- Call (800) 893-9900, (508) 548-8901 or (508) 548-8900

Framingham – Crisis Line:

- Call (508) 875-4500, (508) 875-4500 or (508) 478-7877

Haverhill – North Essex Mental Health Center Crisis Service, Central Intake:

- Call (800) 281-3223 or (978) 521-7777

Holyoke – Mt. Tom Mental Health Center:

- Call (413) 536-2251

Methuen – Samaritans of Merrimack Valley:

- Call (978) 452-6733, (978) 372-7200, (978) 372-7200, (978) 465-6100 or (978) 688-6607
- Other known details (for example type of organization): Samaritans of Merrimack Valley.

Northampton – Service Net Emergency Service:

- Call (800) 322-0424 or (413) 586-5555

Norwood – Riverside Community Care:

- Call (781) 769-8674 or (800) 529-5077

Stoneheno County – Boston Medical Center Psychiatric Services:

- Call (617) 979-7028

Westfield – Westfield Crisis Team:

- Call (413) 568-6386

Worcester County – Crisis Center:

- Call (800) 435-9990 or (508) 799-6562