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Mental Health Resources & Hotlines

Delaware



This material is based upon work supported by the National Agricultural Library,
Agricultural Research Service, U.S. Department of Agriculture

A National Agricultural Law Center Research Publication

Mental Health Resources & Hotlines: Delaware

Delaware Government Crisis Intervention: Crisis Intervention Service (CIS) staff are available 24 hours a day to assist people, 18 years and older, with severe personal, family or marital problems. These problems may include depression, major life changes such as unemployment or loss of an important relationship, anxiety, feelings of hopelessness, thoughts of suicide, delusions, paranoia and substance abuse. Contact this service at the numbers listed below or visit their website [here](#).

Main Line (Northern Delaware): (800) 652-2929

Main Line (Southern Delaware): (800) 345-6785