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Mental Health Resources & Hotlines

Connecticut



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Mental Health Resources & Hotlines: Connecticut

Greater Bridgeport Community Mental Health Center: This service offers crisis intervention 24/7. They most commonly serve the Southwest region of Connecticut. Contact this service at (203) 358-8500 or (800) 586-9903 or visit their website [here](#).

Behavioral and Mental Health at Danbury Hospital: This crisis intervention team provides acute psychiatric and behavioral intervention for patients in the Emergency Department. The service is offered 24/7 and most commonly serves Northwest Connecticut. Contact this service at (888) 447-3339 or (866) 374-0007 or visit their website [here](#)!

Griffin Hospital Crisis Team: The Griffin Hospital Department of Psychiatry offers a full range of inpatient and outpatient behavioral health and chemical dependency programs in a comfortable, healing environment. The crisis intervention team offers mental health services for those with state insurance or no insurance, services for alcohol or drug abuse, suicide prevention, medication needs, and more. Contact this team at (203) 732-7580 or visit their website [here](#).

Intercommunity Mental Health Group: This resource offers mental health care for those at any stage in their life. They most commonly serve those in Northcentral Connecticut. Contact this group at (860) 569-5900 or visit their website [here](#).