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Mental Health Resources & Hotlines

Colorado



This material is based upon work supported by the National Agricultural Library,
Agricultural Research Service, U.S. Department of Agriculture

A National Agricultural Law Center Research Publication

Mental Health Resources & Hotlines: Colorado

Colorado Crisis Services: This support line operates 24/7 and is available for anyone affected by a mental health, substance use, or emotional crisis. All calls are connected to a mental health professional. Refer to the website for walk-in locations. Contact this line at (844) 493-TALK or visit their website [here](#).

San Luis Valley Behavioral Health Group: This service suggests contacting 911 for all life-threatening situations. If there is no immediate danger, the hotline provides confidential help 24/7. They most commonly serve Alamosa, Conejos, Costilla, Mineral, Rio Grande, & Saguache Counties. Contact this line at (719) 589-3671 or visit their website [here](#).

Solvista Health: This is a 24-hour crisis service dedicated to helping people stay healthy physically and mentally. With offices located throughout various counties, services are available face-to-face and via telephone. There is no fee for crisis services. Contact this service at the numbers listed below or visit their website [here](#).

Main Line (Fremont/Custer County): (719) 280-4295

Main Line (Chaffee County): (719) 626-9036

Main Line (Lake County): (719) 626-9417

Rocky Mountain Crisis Partners: This service is an independent non-profit organization with a crisis response resource available 24/7. This resource serves Colorado statewide. Contact them at (844) 493-8255 or visit their website [here](#).

AXIS Health System: The Axis Care Hotline is available 24/7 for local support for your crisis and behavioral health needs. This resource most commonly serves Archuleta, Dolores, Montezuma, La Plata, and San Juan Counties. Contact them at (970) 247-5245 or visit their website [here](#).

AllHealth Network: This service operates 5 walk-in crisis centers across metro Denver. All centers are open 24/7 and offer confidential, in-person crisis support, information and referrals to anyone needed. Call the toll-free number or text "TALK" to 38255. Contact this service at (844) 493-TALK or visit their website [here](#).

SummitStone Health Partners: SummitStone can help manage your situation, provide immediate support and consultation, and connect you to resources. Mobile crisis counselors respond throughout Larimer County and are available 24/7. Contact them at (970) 494-4200 or visit their website [here](#).

Mind Springs Health/West Springs Hospital: Mind Springs Health is committed to continuing to provide counseling, therapy, psychiatry and other mental health services to those that need them. This service is available 24/7. Contact the hospital at (877) 519-7505 or visit their website [here](#).

North Range Behavioral Health: This crisis support resource most commonly serves those in Weld County. They are available for face-to-face appointments. Contact this service at (970) 347-2120 or visit their website [here](#).

Southeast Health Group: This crisis service is available 24/7. It most commonly serves those in Baca, Bent, Crowley, Kiowa, Otero, and Prowers Counties. Contact this service at the numbers listed below or visit their website [here](#).

Main Line (Local): (800) 511-5446

Main Line (Statewide): (844) 493-8255

The Crisis Center for Mental Health: This service offers face-to-face meetings and walk-in hours. The Crisis Walk-In Center in Montrose offers urgent behavioral healthcare 24/7. This resource most commonly serves those in Delta, Gunnison, Hinsdale, Montrose, Ouray, and San Miguel Counties. Contact this service at (970) 252-6220 or visit their website [here](#).

Jefferson Center: This service is available 24/7 and most commonly serves those in Clear Creek, Gilpin, and Jefferson Counties. Contact this service at (303) 425-0300 or visit their website [here](#).