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## Mental Health Resources & Hotlines

*Alabama*



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**Mental Health Resources & Hotlines: Alabama**

**Alabama Public Health:** Alabama Public Health has created a resource page for those seeking suicide and crisis hotlines in the state of Alabama. Find their full list of suicide prevention and crisis hotlines in the state [here](#).

**Crisis Services of North Alabama:** The mission of Crisis Services of North Alabama is to respond to individuals and families in crisis. This crisis line is operated from Huntsville, Alabama, but calls are toll-free in Alabama and Tennessee. The line is available 24/7 and be contacted at (256) 716-1000 or 1-800-691-8426, or visit their website [here](#).

**The Crisis Center (Central Alabama):** The Crisis Center, although not specific to agriculture, primarily serves Central Alabama, which is defined as the five-county area surrounding Birmingham. This includes Blount County, Jefferson County, St. Clair County, Shelby County and Walker County. Their mission is “to serve to serve the unmet needs of people experiencing personal crisis or mental health issues and respond with services that promote coping, emotional health and well-being.” This hotline is available 24/7. Contact them at the numbers listed below, or visit their website [here](#).

Main Line: (205) 323-7777

Teen Line: (205) 328-LINK or (205-328-5465)

Kids' Help Line: (205) 328-KIDS or (205-328-5437)

Senior Talk Line: (205) 328-TALK or (205-328-8255)

**Auburn – Crisis Center of East Alabama:** This hotline is available Sunday – Thursday from 8:00 a.m. – 12:00 midnight. It is also available 24 hours on Friday and Saturday and can be reached at (334) 821-8600

**Thirteenth Place, Inc.:** This is a teen crisis line operated from Gadsden, Alabama. It is available 24/7 and can be accessed at (256) 547-9505

**Family Counseling Center of Mobile, Inc.:** The Family Counseling Center of Mobile is committed to helping individuals and families live more productive lives through counseling, assistance, referrals, and education. This helpline generally serves Baldwin, Clarke, Mobile, & Washington Counties. It is available 24/7. Contact the service at (251) 431-5111 or 1-800-239-1117 or visit their website [here](#).