Do you want to know more about your food and where it comes from?

Monday October 7th 8 a.m. - 4 p.m. Moms on the

Join other women to learn more about your food and get new ideas on how to prepare locally grown meals.

- Depart by bus from Pauline Whitaker Arena at 8:30 a.m.
- Start the day with tours of a beef, poultry and dairy farm.
- End the day with cooking demonstrations by Arkansas Cattlewomen.
- NO COST

Deadline to register is **September 30**

*Limited space available!

Find us on Facebook!



If you would like to join us or would like more information, please contact Dr. Janeal Yancey: jws09@uark.edu (870)688-4247